



# Greenfield Primary School

*Excellence and Enjoyment for All*

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Headteacher: Mr M Wood M.Ed.

6<sup>th</sup> November 2020

Dear Parents/Carers

This year, Children in Need, have once again teamed up with Joe Wicks to create a unique programme for schools: 'Five to Thrive.' This includes activities throughout Appeal Week which will focus on children's mental health and well-being.

On Friday, 13<sup>th</sup> November, we will be ending the week with a dress up day, together with 'The Fun Morning Move.' All children will have the opportunity to join in with this session. As mental well-being is highly important to us, especially in these current times, this is a perfect way to help children get moving and start the day with positivity. More information on 'Five to Thrive' is available on the Children in Need website.

On Friday, children are welcome to dress up in sporty or spotty clothes with trainers or pumps. All we ask is for a £1 donation for this fantastic cause.

Additionally, from Monday 9<sup>th</sup> November, Children in Need wristbands will be available to purchase in school for £1.

We look forward to holding this exciting, energetic Appeal Week!

Yours sincerely

Miss Porter & Mrs Graham

*Mental Wellbeing Coordinator & Fundraising Coordinator.*

