

GREENFIELD PRIMARY SCHOOL

POLICY FOR MENTAL HEALTH AND WELL-BEING

OVERVIEW

At Greenfield Primary School we will do all that we can to promote the Health and Wellbeing, including mental health, of all who learn and work here. We have put into place a number of policies, which will be used to promote the health and well-being of pupils and staff. These include, the curriculum policies relating to the development of life skills, the sex and relationships policy for pupils, the stress policy and workload policies for staff. Promoting healthy lifestyle for all will be a priority.

INTENT

1. To promote life skills across the curriculum so that pupils will learn about mental, emotional, social and physical wellbeing.
2. To ensure that the good health, wellbeing and mental health of all who work in this school is promoted effectively.
3. To ensure that the school has a wide range of appropriate policies and strategies in place to ensure that the good health, well-being and mental health of all and that they underpin everything that we do.

IMPLEMENTATION

1. We will appropriately promote the health, wellbeing and mental health of pupils across the subjects of the curriculum taking account of their age and stage.
2. Staff will help pupils to acquire the relevant knowledge and understanding of the human body and how it works and of the social and emotional factors that influence health.
3. To have a 'designated leader' and link governor for mental health with responsibility for the oversight of this policy and strategy for ensuring the mental well-being of all in this school.
4. All staff will encourage pupils to make informed choices and take appropriate decisions to help ensure that they understand the importance of a healthy lifestyle that also promotes good mental health.
5. We will foster links between school, home and community and appropriate outside agencies so that all are involved in a collective responsibility for promoting good health and good mental health.
6. We will pay attention to the six areas of health and wellbeing across the curriculum, these will include mental, emotional, social and physical and spiritual wellbeing; planning for choices and changes; physical education and physical activity and sport; food and healthy eating; the dangers of substance misuse and relationships and parenthood.
7. We will use the work-load policy and strategy to promote the health and well-being, including the mental health of pupils, staff and all who work in this school.
8. We will ensure that the curriculum, homework, testing and assessment and teaching and learning strategies take account of pupils' well-being and mental health.
9. We will use the stress policy to ensure that the health and well-being, including mental health of staff is a priority.
10. We will provide safe and healthy working conditions for all in school.

IMPACT

Greenfield Primary School is committed to promoting and maintaining the good health and wellbeing, and mental health, of everyone here and we will work together with parents, the local community and appropriate outside agencies to enable pupils to make healthy informed choices and to promote the health, mental health and well-being of all.

Emotional Health and Mental Wellbeing Policy

Version	Date	Amended by	Comments
1	November 2017	Lisa Lewthwaite, SMSC Coordinator and Catherine Snape, SENCo	Created, Reviewed and Amended
2	December 2017	Mike Wood, Headteacher	Reviewed
3	January 2018	Full Governing Body	Reviewed and Ratified
4	December 2018	Catherine Snape, SENCo	Reviewed and amended
5	October 2020	Rebecca Porter, Mental Health and Well-being Coordinator	Reviewed and amended
6	October 2020	Full Governing Body	Reviewed and Ratified
7	February 2024	Rebecca Porter, Mental Health and Well-being Coordinator	Reviewed and amended
8	March 2024	Full Governing Body	Reviewed and Ratified

Data Protection Statement: The procedures and practice created by this policy have been reviewed in the light of our Data Protection Policy.

All data will be handled in accordance with the school's Data Protection Policy **Data Audit**
For This Policy

What ?	Probable Content	Why ?	Who ?	Where ?	When ?
Emotional Health & Mental Health Wellbeing data	Name. D.O.B. Address. Telephone. Medical Conditions. Parental Details. Images. Assessments. Multi Element Plans. Attendance and absence monitoring Quality Assurance Framework. Supporting Young Minds Through Tough Times. Workshops. Training. Disclosures.	Requirement of Oldham Framework. Promoting emotional health and wellbeing, including punctuality and attendance. Communication. Interventions and Support. Develop self-esteem resilient and emotional understanding to become effective and successful learners and friends. Safeguarding.	Staff, parents and pupils External Agencies and Professionals such as MASH, Educational Psychologists, MIND, Healthy Young Minds, School Nurses, QEST, School Counsellors, HR, Occupation Health, etc Local Authority (LA) Department for Education (DfE)	Initially Completed On Paper Then Entered Onto School's Information Management System Paper Version is stored in child's file And shared with DSL or EHMW Lead's file kept in central location	Held On File Throughout Child's Time at School and retained for a further date of birth + 25 years Passed on to new School When Moving Computer Retains Copy of Records in 'Archive' Shredded after retention period.

As such, our assessment is that this policy :

Has Few / No Data Compliance Requirements	Has A Moderate Level of Data Compliance Requirements	Has a High Level Of Data Compliance Requirements
		✓