



# Greenfield Primary School and Nursery

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Headteacher: Mr M Wood M.Ed.

*Excellence and Enjoyment for All*

Dear Parents/Carers

20<sup>th</sup> September 2017

You may be aware of the recent concerns around physical inactivity in the UK. Experts have described this recent concern as an epidemic and a crisis that must be tackled before it is too late. We are very fortunate at Greenfield Primary School to have many pupils that regularly exercise and attend local sporting/activity clubs which help to enhance their physical activity. As a school we ensure that each class participates in P.E sessions on a weekly basis as well as offering a variety of sporting activities/after school clubs across the academic year. This year we would like staff, children and parents to continue to work together to ensure that our children continue to remain active and enjoy a wider range of sporting events and activities throughout the school year. There are many ways in which parents and school can work together in order to help promote and celebrate our children's sporting achievements and physical activity. Firstly we would like to remind all children that they are welcome to bring any certificates, medals, trophies from sporting events into school. Many children have brought their sporting achievements into school over recent years and Mr Wood has shared their success in whole school assemblies. This week we have had some children from Year 5 that were extremely proud to announce that they had taken part in the Saddleworth Olympics and had won a football tournament. Both the staff and children are very proud of their achievements. Please be aware that children can bring their certificates, medals, trophies into school at any point in the school year. Some children also bring photographs into school that have been taken during their sporting events. Please feel free to send any photographs to our school email and we will happily share them in assembly as well as selecting some to go onto our school website.

As previously mentioned, all children take part in P.E sessions each week. It is really important that children have their P.E kits in school as children are required to wear them during P.E sessions. Could I please ask you to double check that your child has their P.E kit in school as this is something that is really important in order for them to access the P.E curriculum. Some children may want to bring an additional set of clothes if they participate in a sporting event after school eg football, netball etc. This is always helpful as children can then leave their P.E kits at school instead of taking them home.

Mr Wood and myself are currently looking at numerous events that we would like to plan for the upcoming year. Some events will be arranged internally by staff members, whereas other events will be planned as part of an outside organisation. One event that we hope children will join us in is 'The Daily Mile'. The Daily Mile is an initiative that aims to improve children's physical, social, emotional and mental health and wellbeing by providing children with the opportunity to walk or jog in the outdoors for 15 minutes each day. Children would not be required to get changed into their P.E kits and this would not be a competitive event. Children would walk or jog at a pace of their choice for 15 minutes per session. We would like children to participate in these 15 minute sessions as regularly as possible each week. This will take place during the school day and staff members will walk alongside children as well as supervising the activity.

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Greater Manchester Daily Mile Challenge day is this Friday and therefore we feel this is the perfect time to introduce this activity to children and kick start our event. The whole school will join Mr Wood and the staff on Friday morning for a 15 minute session of walking. As of next week, children will complete this 15 minute session with their class teacher and will have the option to either walk or jog. For further information about The Daily Mile initiative, please feel free to visit: [www.thedailymile.co.uk](http://www.thedailymile.co.uk).

I would like to thank you for your continued support and I hope that we have a very active, enjoyable and successful year at Greenfield Primary.

Yours sincerely

Miss Bradley  
PE Coordinator